

GREAT MARRIAGES DON'T *JUST* HAPPEN

Webinar Series - Session Six

SEX: HOW CAN SOMETHING SO GOOD BE SO COMPLICATED?

God's design for marriage

So a man will leave his father and mother and be united with his wife, and the two will become one body.

- Genesis 2:24

- Healthy relationship to our family of origin
- Unconditional commitment to spouse
- Healthy sexual relationship

CONVERSATION

Share how you responded to the poll and a little bit of why.

Do not be conformed to the pattern of this world but be transformed by the renewing of your minds.

- Romans 12:2

“ ***We can't solve problems by using the **same** kind of thinking we used when **we created** them.*** ”

- Albert Einstein

Distorted message: Sex is bad

CONVERSATION

Reflect together on how your families and our culture have shaped your attitudes toward sex.

Distorted message: Sex is Bad.

Transforming Truth: Sex is a good gift from a good God.

Distorted message: Sex is just physiological

Distorted message: Sex is just physiological.

Transforming Truth: Sex is for building intimacy.

Distorted message: Differences are a problem

CONVERSATION

How are these two factors — attitudes about sex, your differences — influencing your sexual relationship?

Distorted message: Differences are a problem.

Transforming Truth: Differences are natural.

Moving to a healthier place...

- Deal with our past

- Deal with our present

CONVERSATION

- What is 1 thing you currently enjoy in your sexual relationship?
- What's 1 thing you don't currently enjoy in your sexual relationship?
- What's one thing you are willing to do in order to grow your sexual relationship?

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